



Global Healthy Living Foundation  
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## GLOBAL HEALTHY LIVING FOUNDATION

The Global Healthy Living Foundation (GHLF) is a 501(c)(3) nonprofit organization based in Upper Nyack, New York. Our mission is to inspire, support, and empower people living with chronic illnesses to put themselves at the center of their care. We provide evidence-based education and tools that help people living with serious and often lifelong conditions make informed decisions in collaboration with their health care providers and by advocating for improved access to health care.

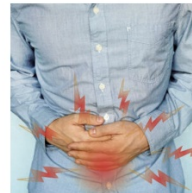
In response to the COVID-19 pandemic, GHLF started a [COVID-19 Patient Support Program](#), informed by a patient council made up of people living with a wide range of chronic illnesses, that now serves more than 40,000 people. GHLF provides personalized opportunities to patients via its [50-State Network](#) to advocate for important state and national health care policies that directly impact their access to care.

### Gastrointestinal Resources:

As part of the popular “Raising the Voice of Patients” series, we have downloadable patient-centered navigational tools for managing chronic conditions.

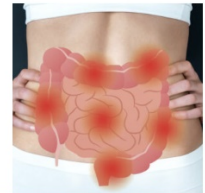
We offer patient guidelines for different disease states, including [Crohn’s disease](#) and [ulcerative colitis](#).

#### Inflammatory Bowel Disease Patient Guidelines



A Patient's Guide to Ulcerative Colitis  
Our Ulcerative Colitis Patient Guidelines are designed to help you get what you want, need, and deserve from your UC treatment journey.

LEARN MORE



A Patient's Guide to Crohn's Disease  
Our Crohn's Disease Patient Guidelines are designed to help you get what you want, need, and deserve from your Crohn's treatment journey.

LEARN MORE



THIOPURINE MEDICATIONS ARE LINKED WITH RISK OF SEVERE COVID-19 IN INFLAMMATORY BOWEL DISEASE PATIENTS



HOW INFLAMMATORY BOWEL DISEASE CAN AFFECT THE EYES



WHAT YOU NEED TO KNOW ABOUT COMPLEX PERIANAL FISTULA IF YOU HAVE CROHN'S DISEASE



WHAT IS THE MICROBIOME AND WHY DOES IT MATTER FOR IBD?



WHAT IS THE SPECIFIC CARBOHYDRATE DIET AND DOES IT REALLY WORK?



WHAT'S THE DIFFERENCE BETWEEN IBS AND IBD?

We aim to provide informative, accessible, and relevant content to both newly diagnosed and experienced IBD patients alike, so that they feel empowered through knowledge and community.

Check out our IBD resources [here](#).

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